<html>

   <head>

<title>CHDD</title>

<link rel="stylesheet" href="Home.css">

<meta name="viewport" content="width=device-width, initial-scale=1">

   </head>

<body>

 <div class="rec-bar"></div>

    <p>.........</p>

    <p>........</p>

    <!-- 3 rec up -->

    <div class="login-rec"></div>

    <div class="Home-rec"></div>

    <div class="Support-rec"></div>

       <!-- 3 bar text -->

    <a href="Home.html" class="Home">Home</a>

    <a href="Login.html" class="Login">Login</a>

    <a href="Support.html" class="Support">Support</a>

       <!-- logo img -->

      <img class="adhd-logo" src="adhd 1.png" alt="ADHD img">

      <!-- navigation bar -->

   <nav class="navbar">

      <!-- UNDERSTANDING ADHD -->

  <ul    class="menu">

    <li class="dropdown">

      <a href="#">UNDERSTANDING ADHD</a>

      <ul class="dropdown-content">

        <li><a href="#">About ADHD</a></li>

        <li><a href="#">Our videos on ADHD</a></li>

        <li><a href="#">Famous People with ADHD</a></li>

        <li><a href="#">For Teens & Children</a></li>

        <li><a href="#">Useful Resources</a></li>

        <li><a href="#">For Professionals</a></li>

        <li><a href="#">Adult Diagnosis Pathway</a></li>

        <li><a href="#">History of ADHD</a></li>

        <li><a href="#"> Page for ADHD deniers</a></li>

      </ul>

    </li>

<!-- UNDERSTANDING VISION&HEARING ISSUES -->

    <ul class="menu1">

    <li class="dropdown1">

      <a href="#">UNDERSTANDING VISION&HEARING ISSUES</a>

      <ul class="dropdown-content1">

        <li><a href="#">About Blindness</a></li>

        <li><a href="#">Our videos </a></li>

        <li><a href="#">Useful Resources</a></li>

      </ul>

    </li>

    <!-- DISTRACTION -->

    <ul class="menu2">

    <li class="dropdown2">

      <a href="#">DISTRACTION</a>

      <ul class="dropdown-content2">

        <li><a href="#">About Distraction</a></li>

        <li><a href="#">Our videos </a></li>

        <li><a href="#">How to avoid</a></li>

        <li><a href="#">Symptopms</a></li>

      </ul>

    </li>

    <!-- education -->

    <ul class="menu3">

    <li class="dropdown3">

      <a href="#">EDUCATION</a>

      <ul class="dropdown-content3">

        <li><a href="#">Assignments</a></li>

        <li><a href="#">Quizez</a></li>

        <li><a href="#">Attendence</a>

         <li><a href="#">Progress monitoring</a></li>

      </ul>

    </li>

    <!-- about us -->

    <ul class="menu4">

    <li class="dropdown4">

      <a href="#">ABOUT US</a>

      <ul class="dropdown-content4">

        <li><a href="#">Certificates</a></li>

        <li><a href="#">Feedback</a></li>

        <li><a href="#">Team info</a>

         <li><a href="#">Contact us</a></li>

      </ul>

    </li>

<!-- the close of the upper ul and -->

  </ul>

</nav>

  </body>

</html>